



# THIS WEEK AT THE VIKING TABLE

WEEKLY LUNCH MENU • FIRST PRESBYTERIAN DAY SCHOOL

WEEK OF  
SEPTEMBER 21-25,  
2026

Fresh. Made from scratch.  
Every day.

## MONDAY Sep 21

★ Bacon, Egg, and Cheese Breakfast Bowl

P.S. Banana Pudding Parfait

### CROSSROADS

French Toast Sticks with Syrup •  
Breakfast Sausage Patties  
Breakfast Potatoes

### TRATTORIA

Pepperoni & Cheese Pizza  
Garlic Vegetable Medley

### FREE STYLE

Cajun Chicken

Baked Sweet Potatoes • Simmered Green Peas

3K-K French Toast Sticks with Syrup • Breakfast Sausage Patties Breakfast Potatoes

Ladle & Co. Soup: Chicken Noodle Soup

## TUESDAY Sep 22

★ All-Beef Hot Dogs with Bun • House-Fried Potato Chips

### CROSSROADS

Beef Soft Tacos  
Tajin Corn

### TRATTORIA

Beef Lasagna

Pasta • Marinara Sauce • Steamed Peas and Carrots • Garlic Butter Breadsticks

### FREE STYLE

Shredded Chicken Hard Tacos

Spanish Rice • Sautéed Mexican Green Beans

3K-K Beef Tacos Shredded Cheddar and Monterey Jack • Sautéed Mexican Green Beans • Spanish Rice

Ladle & Co. Soup: Beef and Vegetable Soup

## WEDNESDAY Sep 23

P.S. Whipped Topping • Peach Cobbler

### CROSSROADS

Fried Chicken Sandwich

### TRATTORIA

Pasta • Marinara Sauce • House-Made Alfredo Sauce • Seasoned Broccoli • Fresh-Baked Garlic Bread

### FREE STYLE

Grilled Chicken with Spicy Peach Salsa

Sautéed Zucchini

3K-K Fried Chicken Sandwich Roasted Potato Wedges • Roasted Cauliflower

Ladle & Co. Soup: Santa Fe Chicken and Rice Soup

## THURSDAY Sep 24

### CROSSROADS

Hamburger Steak in Beef Gravy  
White Rice • Buttered Lima Beans

### TRATTORIA

Chicken Parmesan Sub  
House-Fried Potato Chips

### FREE STYLE

Jerk Chicken Leg Quarters

Jamaican Black Beans • Baked Plantains

3K-K Beef Meatballs and Gravy Buttered Lima Beans • White Rice

Ladle & Co. Soup: Chicken and White Bean Chili

## FRIDAY Sep 25

★ Chili Cheese Dog with Bun

P.S. Yellow Cake with Vanilla Icing

### CROSSROADS

Grilled Hamburgers with Bun  
House-Fried Potato Chips

### TRATTORIA

Pasta • Marinara Sauce • Meat Sauce • Roasted Brussels Sprouts • Fresh-Baked Garlic Bread

### FREE STYLE

Smoked Dry-Rubbed BBQ Ribs

Roasted Corn on the Cob • Steamed Green Beans

3K-K Pepperoni Pizza Sautéed Summer Squash Medley

Ladle & Co. Soup: Broccoli-Cheddar Soup

AVAILABLE EVERY DAY — Improvisations Salad Bar (build-your-own salads, chicken salad, fresh-cut fruit) • Classic Cuts Deli (made-to-order subs, wraps & sandwiches) • fresh whole fruit, chips, lemonade, sweet tea & milk



Skip the lunchbox — join the FPD meal plan!

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